

Campeonato Nacional de Juvenis, Júniores e Séniores 2025

Defesa Pessoal | Open | 14-17 Years

Maria Cardoso (AKCR)

Lara Rodrigues (AEMA)

Rafael Costa (AKKSLPT)

Defesa Pessoal | Open | 18-29 Years

Sara Costa (AKKV)

Carlos Costa (AKKV)

Bogdan Ciobanu (AKKSLPT)

Defesa Pessoal | Open | 30-65 Years

Artur Boavida (AKKV)

**Formas c/ Armas Adaptado | Feminine | 11-13
Years**

Irina Pereira (AKNG)

**Formas c/ Armas Adaptado | Masculine | 18-29
Years**

Rafael Dantas (CERCIG)

João Garcia (CERCIG)

**Formas c/ Armas Adaptado | Masculine | 40-65
Years**

Emanuel Santinho (CERCIG)

Sérgio Miguel (CERCIG)

Bruno Costa (CERCIG)

Formas Com Armas | Feminine | 14-15 Years

Maria Duarte (CKAFP)

Inês Pinto (FSNT)

Constança Henriques (AKCS)

Formas Com Armas | Feminine | 16-17 Years

Maria Cardoso (AKCR)

Luz Rodrigues (AKCR)

Carlota Bernardino (AKCS)

Formas Com Armas | Feminine | 18-29 Years

Joana Mortágua (AKCCTST)

Maria Carvalho (AKCR)

Sofia Amaro (APAM)

Formas Com Armas | Feminine | 30-39 Years

Vânia Ribeiro (APKO)

Solange Lavos (PWF)

Formas Com Armas | Feminine | 40-65 Years

Sara Lopes (ADKT)

Marina Cardona (ACAMCTO)

Carla Ferreira (SCA)

Formas Com Armas | Masculine | 14-15 Years

Ivo Sousa (NKO)

Rodrigo Garção (CKAFP)

Fernando Cláudio (ACAMCTO)

Formas Com Armas | Masculine | 16-17 Years

Rafael Santo (AKCS)

Guilherme Garção (CKAFP)

Daniel Plamadeala (AKCR)

Formas Com Armas | Masculine | 18-29 Years

João Tomás (AKCR)

Diogo Cabral (CKAFP)

Diogo Tomás (AKCR)

Formas Com Armas | Masculine | 30-39 Years

Tiago Soares (AMAVEIRO)

Eduardo Silva (PWF)

Pedro Rodrigues (CEFIDEC)

Formas Com Armas | Masculine | 40-65 Years

Paulo Magalhães (VODAO)

Paulo Sousa (APSAM)

Valter Frade (AKMPT)

Formas de Equipas Com Armas | Open | 14-15 Years

Manuel Figueira, Maria Duarte, Rodrigo Garção ()

Duarte Reis, Martim Costa, Inês Julião (AMAVEIRO)

Formas de Equipas Com Armas | Open | 16-17 Years

Martim Espinheira, Tomás Veiga, Matilde Santos (AEMA)

Formas de Equipas Com Armas | Open | 18-29 Years

Ivo Sousa, Constança Duarte, Inês Paiva (NKO)

Lara Rodrigues, Gabriel Sena, Fodeo Diawara (AEMA)

Duarte Guimarães, Pedro Mendes, Mariana Domingues (AKMPT)

Formas de Equipas Com Armas | Open | 30-65 Years

Rafael Pinto, Daniel Neto, Paulo Sousa (APSAM)

Fernando Cláudio, Marina Cardona, Emanuel Taborda (ACAMCTO)

Tiago Soares, Ana Pinheiro, Diogo Doutor (AMAVEIRO)

Formas Equipa Mão Vazia | Open | 14-15 Years

Manuel Figueira, Maria Duarte, Rodrigo Garção ()

Michelle Lourenço, Maria Gomes, Diogo Ribeiro (ADRNALIN)

Duarte Reis, Martim Costa, Inês Julião (AMAVEIRO)

Formas Equipa Mão Vazia | Open | 16-17 Years

Martim Espinheira, Lara Rodrigues, Tomás Veiga (AEMA)

Miriam Pereira, Armando Nunes, Ricardo Damião (AKMPT)

Mateus Bandeira, Matilde Alves, Maria Raimundo (AMAVEIRO)

Formas Equipa Mão Vazia | Open | 18-29 Years

Ivo Sousa, Constança Duarte, Inês Paiva (NKO)

Miriam Pereira, Laura Dias, Mariana Domingues (AKMPT)

Duarte Guimarães, Pedro Mendes, André Nunes (AKMPT)

Formas Equipa Mão Vazia | Open | 30-65 Years

Paulo Magalhães, Barbara Queirós, Duarte Guimarães (VODAO)

Rafael Pinto, Daniel Neto, Paulo Sousa (APSAM)

Tiago Soares, José Raimundo, Ana Pinheiro (AMAVEIRO)

Formas Mão Vazia | Feminine | 14-15 Years

Leonor Monteiro (AKCM)

Matilde Santos (AEMA)

Bianca Silva (AKCR)

Formas Mão Vazia | Feminine | 16-17 Years

Luz Rodrigues (AKCR)

Inês Paiva (NKO)

Diana Bastos (AKCM)

Formas Mão Vazia | Feminine | 18-29 Years

Joana Mortágua (AKCCTST)

Maria Carvalho (AKCR)

Maria Lopes (AMAVEIRO)

Formas Mão Vazia | Feminine | 40-65 Years

Marina Cardona (ACAMCTO)

Carla Ferreira (SCA)

Ana Pinheiro (AMAVEIRO)

Formas Mão Vazia | Masculine | 14-15 Years

Ivo Sousa (NKO)

Rodrigo Garção (CKAFP)

Manuel Figueira ()

Formas Mão Vazia | Masculine | 16-17 Years

Rafael Santo (AKCS)

Guilherme Garção (CKAFP)

Daniel Plamadeala (AKCR)

Formas Mão Vazia | Masculine | 18-29 Years

Diogo Tomás (AKCR)

João Tomás (AKCR)

Diogo Cabral (CKAFP)

Formas Mão Vazia | Masculine | 30-39 Years

Eduardo Silva (PWF)

Tiago Soares (AMAVEIRO)

Pedro Rodrigues (CEFIDEC)

Formas Mão Vazia | Masculine | 40-65 Years

Paulo Sousa (APSAM)

Valter Frade (AKMPT)

Paulo Magalhães (VODAO)

**Formas Mão Vazia Adaptado | Feminine | 11-13
Years**

Irina Pereira (AKNG)

**Formas Mão Vazia Adaptado | Feminine | 18-29
Years**

Maria Capinha (ADRNALIN)

**Formas Mão Vazia Adaptado | Feminine | 40-65
Years**

Maria Capinha (ADRNALIN)

Anabela Pinto (AMAVEIRO)

Ana Coutinho (AMAVEIRO)

**Formas Mão Vazia Adaptado | Masculine | 18-29
Years**

Rafael Dantas (CERCIG)

João Garcia (CERCIG)

**Formas Mão Vazia Adaptado | Masculine | 40-65
Years**

Emanuel Santinho (CERCIG)

António Henriques (AMAVEIRO)

Fernando Almeida (CERCIG)

Full Kempo | Feminine | 14-15 Years | -49 Kg

Carolina Xavier (KOA)

Full Kempo | Feminine | 14-15 Years | -59 Kg

Inês Mota (PREDADOR)

Emília Oliveira (PWF)

Full Kempo | Feminine | 14-15 Years | -64 Kg

Mariana Castro (PREDADOR)

Full Kempo | Feminine | 16-18 Years | -62 Kg

Leonor Alves (GMP)

Full Kempo | Feminine | 16-18 Years | -68 Kg

Matilde Silva (ADCU)

Full Kempo | Feminine | 16-18 Years | -72 Kg

Filipa Silva (ADKT)

Lara Luís (PWF)

Full Kempo | Feminine | 16-18 Years | +72 Kg

Nuria Martins (PWF)

Adriana Marinho (WOLVES)

Full Kempo | Feminine | 19-35 Years | -50 Kg

Joana Mortágua (AKCCTST)

Full Kempo | Feminine | 19-35 Years | -59 Kg

Bárbara Silva (SPORTING)

Maria Lopes (AMAVEIRO)

Bárbara Vilela (UDRAGON)

Full Kempo | Feminine | 19-35 Years | -62 Kg

Raquel Alves ()

Full Kempo | Feminine | 19-35 Years | -65 Kg

Beatriz Costa (MIKETEAM)

Full Kempo | Feminine | 19-35 Years | +72 Kg

Carolina Fonseca (AKNG)

Full Kempo | Masculine | 14-15 Years | -43 Kg

Rodrigo Rocha (UDRAGON)

Full Kempo | Masculine | 14-15 Years | -48 Kg

Simão Domingues (NINPO)

Francisco Albuquerque (SPORTING)

Full Kempo | Masculine | 14-15 Years | -53 Kg

Gonçalo Monteiro (ADKT)

Paulo Nazaruk (NINPO)

Filipo Teixeira (AKCM)

Full Kempo | Masculine | 14-15 Years | -58 Kg

Rodrigo Leal (UDRAGON)

Luís Alves (GMP)

Full Kempo | Masculine | 14-15 Years | -63 Kg

Tiano Hughes (ADCKTF)

Full Kempo | Masculine | 14-15 Years | +73 Kg

Tiago Pinto (AKEMI)

Isaac Mestre (NINPO)

Full Kempo | Masculine | 16-18 Years | -50 Kg

Gabriel Carneiro (UDRAGON)

Full Kempo | Masculine | 16-18 Years | -59 Kg

Leonardo Lacatus (NINPO)

Afonso Fernandes (ADCKTF)

Leonardo Vicente (ADCU)

Full Kempo | Masculine | 16-18 Years | -62 Kg

Nazar Prytula (NINPO)

Rafael Pinto (APSAM)

Rúben Teixeira (WFTGDBD)

Full Kempo | Masculine | 16-18 Years | -65 Kg

Rafael Lopes (....)

Tomás Gomes (AKEMI)

Miguel Gomes (MURT)

Full Kempo | Masculine | 16-18 Years | -68 Kg

Francisco Costa (UDRAGON)

Rafael Santo (AKCS)

Ruben Silva (....)

Full Kempo | Masculine | 16-18 Years | -72 Kg

André Pinto (ADCKTF)

Gonçalo Saraiva (AKCR)

Nuno Jacinto (DDA)

Full Kempo | Masculine | 16-18 Years | -76 Kg

Artur Mykulyak (NINPO)

Angelo Fernandes (ADCKTF)

Full Kempo | Masculine | 16-18 Years | -80 Kg

Daniel Plamadeala (AKCR)

Full Kempo | Masculine | 16-18 Years | -85 Kg

Rafael Coelho ()

Full Kempo | Masculine | 19-40 Years | -53 Kg

Abílio Coelho (MIKETEAM)

Full Kempo | Masculine | 19-40 Years | -62 Kg

Tiago Teixeira (PREDATOR)

Full Kempo | Masculine | 19-40 Years | -65 Kg

Stephen Machado (ADCKTF)

Alexandre Madeira (AKCR)

Full Kempo | Masculine | 19-40 Years | -68 Kg

Fábio Martins (MIKETEAM)

Duarte Ferreira (MKEAKKL)

Full Kempo | Masculine | 19-40 Years | -72 Kg

Arlindo Carvalho (UDRAGON)

EDUARDO VAZ (TH)

Samuel Domingos ()

Full Kempo | Masculine | 19-40 Years | -76 Kg

André Doutor (AKCR)

Full Kempo | Masculine | 19-40 Years | -80 Kg

Filipe Silva (ADCKTF)

Diogo Baraça (GMP)

Fernando Araújo (ANKDA)

Full Kempo | Masculine | 19-40 Years | -85 Kg

Diogo Santos (GMP)

Alexandre Jorge (CBG)

Full Kempo | Masculine | 19-40 Years | -90 Kg

David Tavares (GMP)

Full Kempo | Masculine | 19-40 Years | +90 Kg

Jeferson Moreira (ADCKTF)

Anthony Kathov (CBG)

Pedro Saldanha ()

Full Kempo | Masculine | 41-65 Years | +10 Kg

Luis Tavares (GMP)

Ivo Furtado (RD)

**Kempo Desportivo Adaptado | Feminine | 12-15
Years | -44 Kg**

Irina Pereira (AKNG)

**Kempo Desportivo Adaptado | Feminine | 36-65
Years | +10 Kg**

Rosalina Lourenço (CERCIG)

**Kempo Desportivo Adaptado | Masculine | 18-40
Years | -55 Kg**

Rafael Dantas (CERCIG)

João Garcia (CERCIG)

**Kempo Desportivo Adaptado | Masculine | 41-65
Years | +10 Kg**

Jorge Brigas (CERCIG)

Licínio Grenho (CERCIG)

Knock Down | Feminine | 16-18 Years | -50 Kg

Sabrina Costa (ADCKTF)

Knock Down | Feminine | 19-35 Years | -59 Kg

Maria Lopes (AMAVEIRO)

Knock Down | Feminine | 19-35 Years | -65 Kg

Beatriz Costa (MIKETEAM)

Knock Down | Masculine | 16-18 Years | -53 Kg

Mohamed Sariane (CEFIDEC)

Knock Down | Masculine | 16-18 Years | -59 Kg

Leonardo Lacatus (NINPO)

David Carvalho (CKALMADA)

Afonso Fernandes (ADCKTF)

Knock Down | Masculine | 16-18 Years | -62 Kg

Luís Mendes (ADCV)

Knock Down | Masculine | 16-18 Years | -65 Kg

Nazar Prytula (NINPO)

Rui Cunha (ADCKTF)

Afonso Ferreira (MKEAKKL)

Knock Down | Masculine | 16-18 Years | -68 Kg

Martim Costa (MIKETEAM)

José Gouveia (ADCKTF)

Knock Down | Masculine | 16-18 Years | -72 Kg

André Pinto (ADCKTF)

Gonçalo Saraiva (AKCR)

Knock Down | Masculine | 16-18 Years | -76 Kg

Artur Mykulyak (NINPO)

Knock Down | Masculine | 19-40 Years | -53 Kg

Abílio Coelho (MIKETEAM)

Knock Down | Masculine | 19-40 Years | -62 Kg

Tiago Teixeira (PREDATOR)

Knock Down | Masculine | 19-40 Years | -65 Kg

Tiago Teixeira (PREDATOR)

Stephen Machado (ADCKTF)

Knock Down | Masculine | 19-40 Years | -68 Kg

Fábio Martins (MIKETEAM)

Luís Dias (MURT)

Knock Down | Masculine | 19-40 Years | -72 Kg

Marcos Muondo (FAC)

Lauro Santos (FAC)

Rodrigo machado (ADCKTF)

Knock Down | Masculine | 19-40 Years | -76 Kg

André Doutor (AKCR)

Rui Costa (PREDATOR)

Knock Down | Masculine | 19-40 Years | -80 Kg

Leandro Martins (PREDATOR)

Jorge Ribeiro (PREDATOR)

Knock Down | Masculine | 19-40 Years | -85 Kg

Diogo Santos (GMP)

Knock Down | Masculine | 19-40 Years | -90 Kg

Romeu Pinto (ADCKTF)

Knock Down | Masculine | 19-40 Years | +90 Kg

Jeferson Moreira (ADCKTF)

Light Kempo | Feminine | 14-15 Years | -45 Kg

Adriana Correia (GDM)

Light Kempo | Feminine | 14-15 Years | -49 Kg

Carolina Xavier (KOA)

Mafalda Dias (ADCKTF)

Leonor Marques (ADKT)

Light Kempo | Feminine | 14-15 Years | -54 Kg

Inês Pinto (FSNT)

CAROLINA SOUSA (LOUSADA)

Light Kempo | Feminine | 14-15 Years | -59 Kg

Emília Oliveira (PWF)

Inês Mota (PREDADOR)

Íris Anjos (CDP)

Light Kempo | Feminine | 14-15 Years | -64 Kg

Mariana Castro (PREDADOR)

Bianca Silva (AKCR)

Sara Silva (UDRAGON)

Light Kempo | Feminine | 14-15 Years | +64 Kg

Lara Rodrigues (AEMA)

Clara Gonçalves (AKNG)

Íris Ribeiro (AKCS)

Light Kempo | Feminine | 16-18 Years | -47 Kg

Mariana Cardoso (....)

Leonor Crispim (DDA)

Light Kempo | Feminine | 16-18 Years | -52 Kg

Diana Bastos (AKCM)

Carmo Triães (CBG)

Leonor Santos (SPORTING)

Light Kempo | Feminine | 16-18 Years | -57 Kg

Laura Silva (PWF)

Mariana Arantes (FAC)

Mafalda Pereira (ADCKTF)

Light Kempo | Feminine | 16-18 Years | -62 Kg

Leonor Alves (GMP)

Maria Cardoso (AKCR)

Margarida Silva (MTLF)

Light Kempo | Feminine | 16-18 Years | -67 Kg

Matilde Silva (ADCU)

Carolina Castro (WFTGDBD)

Ana Coelho (PWF)

Light Kempo | Feminine | 16-18 Years | -72 Kg

Filipa Silva (ADKT)

Lara Luís (PWF)

Isabel Silva (MIKETEAM)

Light Kempo | Feminine | 16-18 Years | +72 Kg

Nuria Martins (PWF)

Francisca Teixeira (LEGEND)

Adriana Marinho (WOLVES)

Light Kempo | Feminine | 19-35 Years | -47 Kg

Mara Dinis (MTLF)

Light Kempo | Feminine | 19-35 Years | -52 Kg

Vitoria Ferreira (....)

Mariana Moura (ADKT)

Light Kempo | Feminine | 19-35 Years | -57 Kg

Bárbara Silva (SPORTING)

Tatiana Aleixo (AKNG)

Bárbara Vilela (UDRAGON)

Light Kempo | Feminine | 19-35 Years | -62 Kg

ANA FELGUEIRAS (FAC)

Maria Lopes (AMAVEIRO)

Raquel Alves ()

Light Kempo | Feminine | 19-35 Years | -67 Kg

Mariana Simões (MURT)

Beatriz Costa (MIKETEAM)

Light Kempo | Feminine | 19-35 Years | -72 Kg

Andreia Martins (ANKDA)

Neuza Cordeiro (PWF)

Mariana Martins (MTLF)

Light Kempo | Feminine | 19-35 Years | +72 Kg

Beatriz Correia (AKKV)

Light Kempo | Feminine | 36-45 Years | -64 Kg

Sara Lopes (ADKT)

Olga Tasits (AKNG)

Light Kempo | Masculine | 14-15 Years | -38 Kg

Alexandre Fernandes (MTLF)

Martim Rolo (PWF)

Light Kempo | Masculine | 14-15 Years | -43 Kg

Rodrigo Rocha (UDRAGON)

David Inácio (AKKL)

Light Kempo | Masculine | 14-15 Years | -48 Kg

Simão Domingues (NINPO)

Francisco Albuquerque (SPORTING)

Leandro Bregieira (PWF)

Light Kempo | Masculine | 14-15 Years | -53 Kg

Gonçalo Monteiro (ADKT)

Paulo Nazaruk (NINPO)

Guilherme Matias (MKEAKKL)

Light Kempo | Masculine | 14-15 Years | -58 Kg

Rodrigo Leal (UDRAGON)

Luís Alves (GMP)

Marcos Grilo (AKNG)

Light Kempo | Masculine | 14-15 Years | -63 Kg

Duarte Reis (AMAVEIRO)

Rafael Rolo (MTLF)

Guilherme Mateus (MTLF)

Light Kempo | Masculine | 14-15 Years | -68 Kg

José Ribeiro (NINPO)

José Gouveia (ADCKTF)

Tiago Vicente (AKCM)

Light Kempo | Masculine | 14-15 Years | -73 Kg

Rafael Costa (AKKSLPT)

KiYan Najem (MKEAKKL)

Light Kempo | Masculine | 16-18 Years | -48 Kg

Gabriel Carneiro (UDRAGON)

Light Kempo | Masculine | 16-18 Years | -53 Kg

Guilherme Rocha (AKNG)

Light Kempo | Masculine | 16-18 Years | -58 Kg

Leonardo Lacatus (NINPO)

DIOGO CASTANHO ()

Simão Galvão (AKNG)

Light Kempo | Masculine | 16-18 Years | -63 Kg

Rúben Teixeira (WFTGDBD)

Hugo Brás (MURT)

Rafael Pinto (APSAM)

Light Kempo | Masculine | 16-18 Years | -68 Kg

Francisco Costa (UDRAGON)

Davi Lachi (AKNG)

Miguel Gomes (MURT)

Light Kempo | Masculine | 16-18 Years | -73 Kg

André Pinto (ADCKTF)

Nazário Nesterov (AKNG)

Duarte Carneiro (UDRAGON)

Light Kempo | Masculine | 16-18 Years | -78 Kg

Daniel Plamadeala (AKCR)

Artur Mykulyak (NINPO)

José Silva (ADCKTF)

Light Kempo | Masculine | 16-18 Years | -83 Kg

Tomás Guedes (KEMPOJIC)

Light Kempo | Masculine | 16-18 Years | +93 Kg

Paulo Neves (MTLF)

Bernardo Rolo (PWF)

Gabriel Sena (AEMA)

Light Kempo | Masculine | 19-40 Years | -53 Kg

Ricardo Fonseca (MKEAKKL)

Light Kempo | Masculine | 19-40 Years | -58 Kg

José Lima (MURT)

Afonso Martins (AKKL)

Daniel Farias (CDP)

Light Kempo | Masculine | 19-40 Years | -63 Kg

Tiago Teixeira (PREDATOR)

Alexandre Madeira (AKCR)

Gonçalo Ferreira (PREDADOR)

Light Kempo | Masculine | 19-40 Years | -68 Kg

Luís Dias (MURT)

Duarte Ferreira (MKEAKKL)

PAULO ARANTES (FAC)

Light Kempo | Masculine | 19-40 Years | -73 Kg

Paulo Simões (AKNG)

Lauro Santos (FAC)

Guilherme Silva (PWF)

Light Kempo | Masculine | 19-40 Years | -78 Kg

André Doutor (AKCR)

Afonso Baião (TH)

FILIPE LOURENÇO (TH)

Light Kempo | Masculine | 19-40 Years | -83 Kg

Diogo Tomás (AKCR)

Gabriel Nunes (AKKV)

Fernando Araújo (ANKDA)

Light Kempo | Masculine | 19-40 Years | -88 Kg

Romeu Pinto (ADCKTF)

Diogo Santos (GMP)

Nuno Rodrigues (AKKV)

Light Kempo | Masculine | 19-40 Years | -93 Kg

António Albuquerque (SPORTING)

David Tavares (GMP)

Bogdan Ciobanu (AKKSLPT)

Light Kempo | Masculine | 19-40 Years | +93 Kg

Pedro Saldanha ()

Vítor Oliveira (....)

Anthony Kathov (CBG)

Light Kempo | Masculine | 41-50 Years | -73 Kg

Filipe Vaz (ADKT)

Hugo Sousa (....)

José Aleixo (AKNG)

Light Kempo | Masculine | 41-50 Years | -79 Kg

Vitor Barbosa (ADKT)

Light Kempo | Masculine | 41-50 Years | -85 Kg

Gonçalo Duarte (AKNG)

Miguel Ângelo (PWF)

Light Kempo | Masculine | 41-50 Years | +91 Kg

Luis Tavares (GMP)

João Centeio (CBG)

Light Kempo | Masculine | 51-65 Years | +10 Kg

José Barros (TH)

Semi - Kempo | Feminine | 14-15 Years | -45 Kg

Adriana Correia (GDM)

Matilde Santos (AEMA)

Semi - Kempo | Feminine | 14-15 Years | -49 Kg

Carolina Oliveira (NINPO)

Maria Gomes (ADRNALIN)

Mafalda Dias (ADCKTF)

Semi - Kempo | Feminine | 14-15 Years | -54 Kg

Inês Pinto (FSNT)

Inês Julião (AMAVEIRO)

Semi - Kempo | Feminine | 14-15 Years | -59 Kg

Emília Oliveira (PWF)

Inês Mota (PREDADOR)

Íris Anjos (CDP)

Semi - Kempo | Feminine | 14-15 Years | -64 Kg

Mariana Castro (PREDADOR)

Sofia Gonçalves (ADCKTF)

Bianca Silva (AKCR)

Semi - Kempo | Feminine | 14-15 Years | +64 Kg

Clara Gonçalves (AKNG)

Lara Rodrigues (AEMA)

Constança Henriques (AKCS)

Semi - Kempo | Feminine | 16-18 Years | -47 Kg

Mariana Cardoso (....)

Semi - Kempo | Feminine | 16-18 Years | -52 Kg

Matilde Freitas (....)

Leonor Santos (SPORTING)

Mélanie Oliveira (PWF)

Semi - Kempo | Feminine | 16-18 Years | -57 Kg

Laura Silva (PWF)

Beatriz Silva (CKAS)

Mariana Arantes (FAC)

Semi - Kempo | Feminine | 16-18 Years | -62 Kg

Maria Cardoso (AKCR)

Angelica Ribeiro (LEGEND)

Margarida Silva (MTLF)

Semi - Kempo | Feminine | 16-18 Years | -67 Kg

Ana Coelho (PWF)

Carolina Castro (WFTGDBD)

Joana Landes (ADCKTF)

Semi - Kempo | Feminine | 16-18 Years | -72 Kg

Lara Luís (PWF)

Filipa Silva (ADKT)

Matilde Santos (ADRNALIN)

Semi - Kempo | Feminine | 16-18 Years | +72 Kg

Nuria Martins (PWF)

Vitoria Doria (NINPO)

Adriana Marinho (WOLVES)

Semi - Kempo | Feminine | 19-35 Years | -47 Kg

Mara Dinis (MTLF)

Semi - Kempo | Feminine | 19-35 Years | -52 Kg

Joana Mortágua (AKCCTST)

Solange Lavos (PWF)

Vitoria Ferreira (....)

Semi - Kempo | Feminine | 19-35 Years | -57 Kg

Bárbara Silva (SPORTING)

Tatiana Aleixo (AKNG)

Bárbara Vilela (UDRAGON)

Semi - Kempo | Feminine | 19-35 Years | -62 Kg

Carolina Carneiro (UDRAGON)

ANA FELGUEIRAS (FAC)

Bebiana Ribeiro (ADKT)

Semi - Kempo | Feminine | 19-35 Years | -67 Kg

Mariana Simões (MURT)

DANIELA MOREIRA (PREDATOR)

Semi - Kempo | Feminine | 19-35 Years | -72 Kg

Andreia Martins (ANKDA)

Mariana Martins (MTLF)

Neuza Cordeiro (PWF)

Semi - Kempo | Feminine | 19-35 Years | +72 Kg

Érica Aleixo (AKNG)

Semi - Kempo | Feminine | 36-45 Years | -58 Kg

Marina Cardona (ACAMCTO)

Semi - Kempo | Feminine | 36-45 Years | -64 Kg

Olga Tasits (AKNG)

Sara Lopes (ADKT)

Semi - Kempo | Masculine | 14-15 Years | -38 Kg

Martim Rolo (PWF)

Rodrigo Garção (CKAFP)

Alexandre Fernandes (MTLF)

Semi - Kempo | Masculine | 14-15 Years | -43 Kg

Rodrigo Rocha (UDRAGON)

Guilherme Cardoso (CKAFP)

Francisco Azinheira (AKCS)

Semi - Kempo | Masculine | 14-15 Years | -48 Kg

Simão Domingues (NINPO)

Francisco Albuquerque (SPORTING)

Leandro Bregieira (PWF)

Semi - Kempo | Masculine | 14-15 Years | -53 Kg

Diogo Ribeiro (ADRNALIN)

Gonçalo Monteiro (ADKT)

Mateus Antonio (NINPO)

Semi - Kempo | Masculine | 14-15 Years | -58 Kg

Luís Alves (GMP)

Marcos Grilo (AKNG)

Rodrigo Leal (UDRAGON)

Semi - Kempo | Masculine | 14-15 Years | -63 Kg

Duarte Reis (AMAVEIRO)

Guilherme Mateus (MTLF)

Diogo Geraldês (NINPO)

Semi - Kempo | Masculine | 14-15 Years | -68 Kg

Filipe Ferreira (PWF)

José Ribeiro (NINPO)

Martim Costa (AMAVEIRO)

Semi - Kempo | Masculine | 14-15 Years | -73 Kg

Rafael Costa (AKKSLPT)

José Freire (PREDATOR)

Semi - Kempo | Masculine | 14-15 Years | +73 Kg

Isaac Mestre (NINPO)

Tiago Pinto (AKEMI)

Semi - Kempo | Masculine | 16-18 Years | -48 Kg

Guilherme Garção (CKAFP)

Gabriel Carneiro (UDRAGON)

Semi - Kempo | Masculine | 16-18 Years | -53 Kg

Guilherme Rocha (AKNG)

Dario Pereira (NINPO)

Emanuel Taborda (ACAMCTO)

Semi - Kempo | Masculine | 16-18 Years | -58 Kg

Leonardo Lacatus (NINPO)

Micael Cunha (PREDADOR)

Tiago Oliveira (....)

Semi - Kempo | Masculine | 16-18 Years | -63 Kg

Rúben Teixeira (WFTGDBD)

José Mendes (LEGEND)

Ruben Gomes (PWF)

Semi - Kempo | Masculine | 16-18 Years | -68 Kg

Rafael Santo (AKCS)

Tomás Homem (KOA)

Martim Espinheira (AEMA)

Semi - Kempo | Masculine | 16-18 Years | -73 Kg

Duarte Carneiro (UDRAGON)

Bernardo Caldeira (KOA)

Fodeo Diawara (AEMA)

Semi - Kempo | Masculine | 16-18 Years | -78 Kg

Angelo Fernandes (ADCKTF)

Daniel Plamadeala (AKCR)

Rodrigo Ribeiro (APKO)

Semi - Kempo | Masculine | 16-18 Years | -83 Kg

Gualter Cotu (NKO)

Tomás Guedes (KEMPOJIC)

Semi - Kempo | Masculine | 16-18 Years | -88 Kg

João Ferrão (PWF)

Semi - Kempo | Masculine | 16-18 Years | +93 Kg

Bernardo Rolo (PWF)

Paulo Neves (MTLF)

Semi - Kempo | Masculine | 19-40 Years | -58 Kg

Daniel Farias (CDP)

Afonso Martins (AKKL)

Semi - Kempo | Masculine | 19-40 Years | -63 Kg

Rafael Prior (PWF)

Tiago Teixeira (PREDATOR)

Gonçalo Ferreira (PREDADOR)

Semi - Kempo | Masculine | 19-40 Years | -68 Kg

PAULO ARANTES (FAC)

NUNO ALVES (FAC)

Daniel Cunha (ANKDA)

Semi - Kempo | Masculine | 19-40 Years | -73 Kg

Lauro Santos (FAC)

Marcos Muondo (FAC)

Paulo Simões (AKNG)

Semi - Kempo | Masculine | 19-40 Years | -78 Kg

Guilherme Correia (PWF)

André Correia (PWF)

André Doutor (AKCR)

Semi - Kempo | Masculine | 19-40 Years | -83 Kg

Diogo Tomás (AKCR)

Alexandre Jorge (CBG)

Semi - Kempo | Masculine | 19-40 Years | -88 Kg

João Tomás (AKCR)

Romeu Pinto (ADCKTF)

Semi - Kempo | Masculine | 19-40 Years | -93 Kg

Marco Carvalho (PWF)

Bogdan Ciobanu (AKKSLPT)

António Albuquerque (SPORTING)

Semi - Kempo | Masculine | 19-40 Years | +93 Kg

Pedro Saldanha ()

Anthony Kathov (CBG)

Semi - Kempo | Masculine | 41-50 Years | -73 Kg

Filipe Vaz (ADKT)

Hugo Sousa (....)

José Aleixo (AKNG)

Semi - Kempo | Masculine | 41-50 Years | -85 Kg

Gonçalo Duarte (AKNG)

Miguel Ângelo (PWF)

Semi - Kempo | Masculine | 41-50 Years | +91 Kg

Carlos Sampaio (PREDADOR)

Semi - Kempo | Masculine | 66-80 Years | +10 Kg

Paulo Gomes (AKNG)

Submission Kempo | Feminine | 14-15 Years | -49 Kg

Carolina Xavier (KOA)

Carolina Oliveira (NINPO)

Barbara Ribeiro (ADCKTF)

Submission Kempo | Feminine | 14-15 Years | -54 Kg

Matilde Queirós (AKEMI)

**Submission Kempo | Feminine | 14-15 Years | -59
Kg**

Inês Mota (PREDADOR)

Maria Oliveira (NINPO)

**Submission Kempo | Feminine | 14-15 Years | -64
Kg**

Mariana Castro (PREDADOR)

Sofia Gonçalves (ADCKTF)

**Submission Kempo | Feminine | 14-15 Years | +64
Kg**

Clara Gonçalves (AKNG)

**Submission Kempo | Feminine | 16-18 Years | -52
Kg**

Carmo Triães (CBG)

Sabrina Costa (ADCKTF)

Matilde Freitas (....)

**Submission Kempo | Feminine | 16-18 Years | -57
Kg**

Mafalda Pereira (ADCKTF)

Mariana Arantes (FAC)

**Submission Kempo | Feminine | 16-18 Years | -62
Kg**

Leonor Alves (GMP)

**Submission Kempo | Feminine | 16-18 Years | -72
Kg**

Filipa Silva (ADKT)

**Submission Kempo | Feminine | 16-18 Years | +72
Kg**

Vitoria Doria (NINPO)

Adriana Marinho (WOLVES)

Iris António (KOA)

Submission Kempo | Feminine | 19-35 Years | -52 Kg

Joana Mortágua (AKCCTST)

Mariana Moura (ADKT)

Submission Kempo | Feminine | 19-35 Years | -57 Kg

Tatiana Aleixo (AKNG)

Bárbara Vilela (UDRAGON)

Bárbara Silva (SPORTING)

Submission Kempo | Feminine | 19-35 Years | -62 Kg

ANA FELGUEIRAS (FAC)

ANTONIELA BAGORRO (FAC)

Bebiana Ribeiro (ADKT)

Submission Kempo | Masculine | 14-15 Years | -38 Kg

Martim Rolo (PWF)

Submission Kempo | Masculine | 14-15 Years | -48 Kg

Simão Domingues (NINPO)

Francisco Albuquerque (SPORTING)

Submission Kempo | Masculine | 14-15 Years | -53 Kg

Gabriel Lucas (NINPO)

Mateus Antonio (NINPO)

Gonçalo Monteiro (ADKT)

Submission Kempo | Masculine | 14-15 Years | -58 Kg

Rodrigo Leal (UDRAGON)

Luís Alves (GMP)

Submission Kempo | Masculine | 14-15 Years | -63 Kg

Diogo Geraldes (NINPO)

Tiano Hughes (ADCKTF)

Cristiano Morais (NINPO)

Submission Kempo | Masculine | 14-15 Years | +73 Kg

Tiago Pinto (AKEMI)

Isaac Mestre (NINPO)

Submission Kempo | Masculine | 16-18 Years | -48 Kg

Gabriel Carneiro (UDRAGON)

Submission Kempo | Masculine | 16-18 Years | -53 Kg

Guilherme Rocha (AKNG)

Dario Pereira (NINPO)

Submission Kempo | Masculine | 16-18 Years | -58 Kg

David Carvalho (CKALMADA)

Leonardo Lacatus (NINPO)

Gabriel Mota (FAC)

Submission Kempo | Masculine | 16-18 Years | -63 Kg

Afonso Ameixa (NINPO)

João Dias (NINPO)

Luís Mendes (ADCV)

Submission Kempo | Masculine | 16-18 Years | -68 Kg

Tomás Homem (KOA)

Francisco Costa (UDRAGON)

Rui Cunha (ADCKTF)

Submission Kempo | Masculine | 16-18 Years | -73 Kg

Gonçalo Saraiva (AKCR)

André Pinto (ADCKTF)

Submission Kempo | Masculine | 16-18 Years | -78 Kg

Artur Mykulyak (NINPO)

José Silva (ADCKTF)

Daniel Plamadeala (AKCR)

Submission Kempo | Masculine | 16-18 Years | +93 Kg

Bruno D'Souza (CEFIDEC)

Submission Kempo | Masculine | 19-40 Years | -53 Kg

Abílio Coelho (MIKETEAM)

Submission Kempo | Masculine | 19-40 Years | -63 Kg

Tiago Teixeira (PREDATOR)

Rafael Prior (PWF)

Alexandre Madeira (AKCR)

Submission Kempo | Masculine | 19-40 Years | -68 Kg

Duarte Ferreira (MKEAKKL)

Fábio Martins (MIKETEAM)

Daniel Cunha (ANKDA)

Submission Kempo | Masculine | 19-40 Years | -73 Kg

Marcos C. (PREDADOR)

André Petronilha (CKALMADA)

Lauro Santos (FAC)

Submission Kempo | Masculine | 19-40 Years | -78 Kg

Leandro Martins (PREDATOR)

Diogo Ribeiro (CKALMADA)

Jorge Ribeiro (PREDATOR)

Submission Kempo | Masculine | 19-40 Years | -83 Kg

Alexandre Jorge (CBG)

Diogo Tomás (AKCR)

Submission Kempo | Masculine | 19-40 Years | -88 Kg

Diogo Santos (GMP)

Submission Kempo | Masculine | 19-40 Years | -93 Kg

David Tavares (GMP)

António Albuquerque (SPORTING)

Submission Kempo | Masculine | 19-40 Years | +93 Kg

Jeferson Moreira (ADCKTF)

Anthony Kathov (CBG)

Pedro Saldanha ()

Submission Kempo | Masculine | 41-50 Years | -73 Kg

Ivo Furtado (RD)

Filipe Vaz (ADKT)

José Aleixo (AKNG)

Submission Kempo | Masculine | 41-50 Years | -79 Kg

Vitor Barbosa (ADKT)

**Submission Kempo | Masculine | 41-50 Years |
+91 Kg**

Luis Tavares (GMP)

João Centeio (CBG)

**Submission Kempo NO GI | Feminine | 14-15
Years | -49 Kg**

Barbara Ribeiro (ADCKTF)

Carolina Oliveira (NINPO)

Carolina Xavier (KOA)

**Submission Kempo NO GI | Feminine | 14-15
Years | -54 Kg**

Miriam Henriques (PREDADOR)

**Submission Kempo NO GI | Feminine | 14-15
Years | -64 Kg**

Mariana Castro (PREDADOR)

Sofia Gonçalves (ADCKTF)

**Submission Kempo NO GI | Feminine | 16-18
Years | -52 Kg**

Miriam Henriques (PREDADOR)

Carmo Triães (CBG)

Sabrina Costa (ADCKTF)

**Submission Kempo NO GI | Feminine | 16-18
Years | -57 Kg**

Leticia Monteiro (GMP)

**Submission Kempo NO GI | Feminine | 16-18
Years | -67 Kg**

VITORIA DIAS (PREDADOR)

**Submission Kempo NO GI | Feminine | 16-18
Years | +72 Kg**

Vitoria Doria (NINPO)

**Submission Kempo NO GI | Feminine | 19-35
Years | -57 Kg**

Tatiana Aleixo (AKNG)

**Submission Kempo NO GI | Feminine | 19-35
Years | -72 Kg**

VITORIA DIAS (PREDADOR)

Leonor Machado (ADCKTF)

**Submission Kempo NO GI | Masculine | 14-15
Years | -48 Kg**

Simão Domingues (NINPO)

**Submission Kempo NO GI | Masculine | 14-15
Years | -53 Kg**

Mateus Antonio (NINPO)

Paulo Nazaruk (NINPO)

Gabriel Lucas (NINPO)

**Submission Kempo NO GI | Masculine | 14-15
Years | -58 Kg**

Luís Alves (GMP)

**Submission Kempo NO GI | Masculine | 14-15
Years | -63 Kg**

Tiano Hughes (ADCKTF)

Cristiano Morais (NINPO)

Diogo Geraldês (NINPO)

**Submission Kempo NO GI | Masculine | 14-15
Years | -68 Kg**

José Ribeiro (NINPO)

Miguel Conceição (NINPO)

**Submission Kempo NO GI | Masculine | 16-18
Years | -53 Kg**

Dario Pereira (NINPO)

**Submission Kempo NO GI | Masculine | 16-18
Years | -58 Kg**

David Carvalho (CKALMADA)

Leonardo Lacatus (NINPO)

Leonardo Vicente (ADCU)

**Submission Kempo NO GI | Masculine | 16-18
Years | -63 Kg**

Nazar Prytula (NINPO)

Dinis Inocência (NINPO)

João Dias (NINPO)

**Submission Kempo NO GI | Masculine | 16-18
Years | -68 Kg**

Gabriel Alves (NINPO)

**Submission Kempo NO GI | Masculine | 16-18
Years | -73 Kg**

Gonçalo Saraiva (AKCR)

**Submission Kempo NO GI | Masculine | 16-18
Years | -78 Kg**

Artur Mykulyak (NINPO)

Gonçalo Saraiva (AKCR)

**Submission Kempo NO GI | Masculine | 19-40
Years | -58 Kg**

Leonor Machado (ADCKTF)

**Submission Kempo NO GI | Masculine | 19-40
Years | -63 Kg**

Gonçalo Silva (GMP)

**Submission Kempo NO GI | Masculine | 19-40
Years | -68 Kg**

Fábio Martins (MIKETEAM)

Stephen Machado (ADCKTF)

David Perdiz (ADCU)

**Submission Kempo NO GI | Masculine | 19-40
Years | -73 Kg**

Dinis Moura (OSDIA)

Daniel Calção (AKNG)

Paulo Simões (AKNG)

**Submission Kempo NO GI | Masculine | 19-40
Years | -78 Kg**

Leandro Martins (PREDATOR)

Jorge Ribeiro (PREDATOR)

Diogo Ribeiro (CKALMADA)

**Submission Kempo NO GI | Masculine | 19-40
Years | -83 Kg**

Alexandre Jorge (CBG)

**Submission Kempo NO GI | Masculine | 19-40
Years | -88 Kg**

Diogo Santos (GMP)

**Submission Kempo NO GI | Masculine | 19-40
Years | +93 Kg**

Anthony Kathov (CBG)

Pedro Saldanha ()

**Submission Kempo NO GI | Masculine | 41-50
Years | -73 Kg**

Ivo Furtado (RD)

**Submission Kempo NO GI | Masculine | 41-50
Years | -79 Kg**

José Aleixo (AKNG)

**Submission Kempo NO GI | Masculine | 41-50
Years | +91 Kg**

Luis Tavares (GMP)