

# C. Nacional Formação 2025

## Defesa Pessoal | Open | 4-13 Years

Margarida Fernandes (MURT)

Leonardo Cardoso (AKKV)

David Boavida (AKKV)

## Formas c/ Armas | Feminine | 11-13 Years

Carolina Santo (AKCS)

Bárbara Ramadas (NKO)

Cintia Pata (AMAVEIRO)

## Formas c/ Armas | Feminine | 8-10 Years

Leonor Carvalho (AEMA)

Inês Rebelo (NKO)

Matilde Ferreira (NKO)

## **Formas c/ Armas | Masculine | 11-13 Years**

Pedro Sousa (CKAFP)

Diogo Lopes (AKCM)

Henrique Ferreira (NKO)

## **Formas c/ Armas | Masculine | 6-7 Years**

Guilherme Jesus (AEMA)

## **Formas c/ Armas | Masculine | 8-10 Years**

Enzo Sousa (NKO)

Daniel Carvalho (AEMA)

Duarte Rodrigues (KEMPOJIC)

## **Formas de Equipas Com Armas | Open | 11-13 Years**

Bárbara Ramadas, Maria Gomes, Andréa Latouche (NKO)

Pedro Sousa, Daniel Maças, Maria Bragança (CKAFP)

## **Formas de Equipas Com Armas | Open | 4-10 Years**

Inês Rebelo, Enzo Sousa, Matilde Ferreira (NKO)

Daniel Carvalho, Guilherme Jesus, Leonor Carvalho (AEMA)

Gabriel Ramalho, Rodrigo Bragança, Constança Costa (CKAFP)

## **Formas Equipa Mão Vazia | Open | 11-13 Years**

Bárbara Ramadas, Maria Gomes, Andréa Latouche (NKO)

João Alves, Henrique Ferreira, Maria Mineiro (NKO)

Pedro Sousa, Constança Costa, Maria Bragança (CKAFP)

## **Formas Equipa Mão Vazia | Open | 4-10 Years**

Inês Rebelo, Constança Luís, Matilde Ferreira (NKO)

Alice Correia, Duarte Rodrigues, Tiago Guedes (KEMPOJIC)

Rafael Rodrigues, Tomás Mendes, Enzo Sousa (NKO)

## **Formas Mão Vazia | Feminine | 11-13 Years**

Cintia Pata (AMAVEIRO)

Carolina Santo (AKCS)

Laura Lobo (PWF)

## **Formas Mão Vazia | Feminine | 6-7 Years**

Benedita Vaz (ADKT)

Julia Alegria (ADRNALIN)

Maria Barbosa (ADKT)

## **Formas Mão Vazia | Feminine | 8-10 Years**

Matilde Ferreira (NKO)

Maria Antunes (ADRNALIN)

Inês Rebelo (NKO)

## **Formas Mão Vazia | Masculine | 11-13 Years**

Conrado Querois (CPKP)

Paulo Magalhães (VODAO)

Francisco Meireles (VODAO)

### **Formas Mão Vazia | Masculine | 6-7 Years**

Miguel Marques (AMAVEIRO)

Vasco Andrade (ADRNALIN)

Guilherme Jesus (AEMA)

### **Formas Mão Vazia | Masculine | 8-10 Years**

Enzo Sousa (NKO)

Daniel Maças (CKAFP)

Tiago Guedes (KEMPOJIC)

### **Full Kempo | Feminine | 11-13 Years | -48 Kg**

Mafalda Almeida (MIKETEAM)

Beatriz Moura (GMP)

### **Full Kempo | Feminine | 11-13 Years | +58 Kg**

Maria Barbosa (AKEMI)

Laura Lobo (PWF)

**Full Kempo | Masculine | 11-13 Years | -33 Kg**

Manel Albuquerque (SPORTING)

Guilherme Costa (UDRAGON)

**Full Kempo | Masculine | 11-13 Years | -38 Kg**

Yaroslav Muryinka (NINPO)

Martim Carvalho (UDRAGON)

**Full Kempo | Masculine | 11-13 Years | -48 Kg**

Diogo Amaral (MIKETEAM)

Flavio Reis (GMP)

**Full Kempo | Masculine | 11-13 Years | -53 Kg**

Francisco Vale (MIKETEAM)

**Light Kempo | Feminine | 11-13 Years | -33 Kg**

Sofia Serra (CBG)

Bruna Simões (CKAS)

**Light Kempo | Feminine | 11-13 Years | -38 Kg**

Beatriz Gomes (PREDADOR)

Bianca Felix (ADCKTF)

Maria Oliveira (ADCKTF)

**Light Kempo | Feminine | 11-13 Years | -43 Kg**

Lara Ferreira (PWF)

Laura Lopes (CKAS)

**Light Kempo | Feminine | 11-13 Years | -48 Kg**

Mafalda Almeida (MIKETEAM)

Beatriz Moura (GMP)

Ana Maia (AKNG)

**Light Kempo | Feminine | 11-13 Years | -53 Kg**

Yara Sousa (PREDADOR)

Cintia Pata (AMAVEIRO)

Eva Bernardo (KOA)

**Light Kempo | Feminine | 11-13 Years | -58 Kg**

Énia Morais (SPORTING)

**Light Kempo | Masculine | 11-13 Years | -33 Kg**

Guilherme Costa (UDRAGON)

António Fernandes (AAMDCVS)

Santiago Pereira (AKNG)

**Light Kempo | Masculine | 11-13 Years | -38 Kg**

Martim Carvalho (UDRAGON)

Conrado Querois (CPKP)

Yaroslav Murynka (NINPO)

**Light Kempo | Masculine | 11-13 Years | -43 Kg**

Eduardo Barroqueiro (KOA)

Rodrigo Carvalho (MTLF)

Tomás Fonseca (AKNG)

**Light Kempo | Masculine | 11-13 Years | -48 Kg**

Diogo Amaral (MIKETEAM)

Diego Costa (UDRAGON)

Pedro Coutinho (PWF)

**Light Kempo | Masculine | 11-13 Years | -53 Kg**

Francisco Vale (MIKETEAM)

Mário Marcelino (PWF)

**Light Kempo | Masculine | 11-13 Years | -58 Kg**

Artur Xavier (KOA)

**Light Kempo | Masculine | 11-13 Years | +58 Kg**

Alexandre Pereira (MTLF)

Rafael Gomes (AKCS)

**Rumble Kids | Feminine | 11-13 Years | -28 Kg**

Carolina Gomes ()

Carlota Gabriel (AKNG)

Adriana Pires (ADCKTF)

**Rumble Kids | Feminine | 11-13 Years | -33 Kg**

Sofia Serra (CBG)

Maria Dias (FSNT)

**Rumble Kids | Feminine | 11-13 Years | -38 Kg**

Beatriz Gomes (PREDADOR)

Rita Saraiva (AMAVEIRO)

Luana Branco (PWF)

**Rumble Kids | Feminine | 11-13 Years | -43 Kg**

Lara Ferreira (PWF)

Maria Fernandes (FAC)

**Rumble Kids | Feminine | 11-13 Years | -48 Kg**

Beatriz Moura (GMP)

Ana Maia (AKNG)

Beatriz Carvalho (FAC)

**Rumble Kids | Feminine | 11-13 Years | -53 Kg**

Yara Sousa (PREDADOR)

Leonor Castro (LEGEND)

Maria Martins (AKNG)

**Rumble Kids | Feminine | 11-13 Years | -58 Kg**

Benedita Torres (ADCKTF)

Íris Silva (ADCU)

Énia Morais (SPORTING)

**Rumble Kids | Feminine | 11-13 Years | +58 Kg**

Laura Lobo (PWF)

**Rumble Kids | Feminine | 6-7 Years | -18 Kg**

Maria Gomes (AKEMI)

**Rumble Kids | Feminine | 6-7 Years | -23 Kg**

Benedita Vaz (ADKT)

Amélia Fernandes (AKKL)

Maria Barbosa (ADKT)

**Rumble Kids | Feminine | 8-10 Years | -18 Kg**

Valentina Pinto (AKEMI)

**Rumble Kids | Feminine | 8-10 Years | -23 Kg**

Maria Abreu (AKEMI)

Inês Rebelo (NKO)

**Rumble Kids | Feminine | 8-10 Years | -28 Kg**

Matilde Carvalho (ADCKTF)

Eva Teixeira (AKEMI)

Laura Costa (LEGEND)

**Rumble Kids | Feminine | 8-10 Years | -33 Kg**

Matilde Ferreira (NKO)

Benedita Gonçalves (AKCM)

Constança Luís (NKO)

**Rumble Kids | Feminine | 8-10 Years | -38 Kg**

Maria Carvalho (ADCKTF)

Alice Correia (KEMPOJIC)

Etiandra Antonio (NINPO)

**Rumble Kids | Feminine | 8-10 Years | -43 Kg**

LARA CARVALHO (LEGEND)

Beatriz Martins (AKNG)

Joana Cardoso (ADCKTF)

**Rumble Kids | Feminine | 8-10 Years | -48 Kg**

Victória Ferreira (AKCS)

Mara Domingues (PWF)

**Rumble Kids | Feminine | 8-10 Years | -53 Kg**

JÉSSICA CRUZ (FAC)

**Rumble Kids | Masculine | 11-13 Years | -28 Kg**

Rafael Silva (WFTGDBD)

Dinis Cardoso (CKAFP)

**Rumble Kids | Masculine | 11-13 Years | -28 Kg | B**

Rafael Silva (WFTGDBD)

Dinis Cardoso (CKAFP)

**Rumble Kids | Masculine | 11-13 Years | -33 Kg**

Santiago Pereira (AKNG)

José Castro (FAC)

Rodrigo Farinha ()

**Rumble Kids | Masculine | 11-13 Years | -38 Kg**

Tiago Carvalho (AKNG)

Duarte Baião ()

Yaroslav Muryinka (NINPO)

**Rumble Kids | Masculine | 11-13 Years | -43 Kg**

Dinis Catarino (MTLF)

Rodrigo Carvalho (MTLF)

Santiago Sá (FAC)

**Rumble Kids | Masculine | 11-13 Years | -48 Kg**

Afonso Costa (AMAVEIRO)

Xavier Cunha (PREDADOR)

Martim Vieira (PWF)

**Rumble Kids | Masculine | 11-13 Years | -53 Kg**

Francisco Silva (ADKT)

Rafael Oliveira (AKCM)

Mário Marcelino (PWF)

**Rumble Kids | Masculine | 11-13 Years | -58 Kg**

Francisco Ginja (PREDATOR)

**Rumble Kids | Masculine | 11-13 Years | +58 Kg**

Rafael Gomes (AKCS)

Miguel Santos (AMAVEIRO)

Alexandre Pereira (MTLF)

**Rumble Kids | Masculine | 6-7 Years | -23 Kg**

Duarte Sousa (LEGEND)

Vicente Inácio (AKKL)

Kevin Argel (PWF)

**Rumble Kids | Masculine | 6-7 Years | -28 Kg**

Tomás Rodrigues (AKNG)

Santiago Ferreira (UDRAGON)

**Rumble Kids | Masculine | 8-10 Years | -23 Kg**

Diego Mendes (ADKT)

Davide Teixeira (NINPO)

Henrique Fonseca (PWF)

**Rumble Kids | Masculine | 8-10 Years | -28 Kg**

Gustavo Araújo (AKCM)

Gonçalo Serra (CBG)

Gustavo Barbosa (ADKT)

**Rumble Kids | Masculine | 8-10 Years | -33 Kg**

Gabriel Carvalho (FAC)

Martim Araújo (FAC)

Mateus Salgado (FAC)

**Rumble Kids | Masculine | 8-10 Years | -38 Kg**

Diogo Gonçalves (AKCM)

Lourenzo Fernandes (UDRAGON)

Guilherme Silva (CKAS)

**Rumble Kids | Masculine | 8-10 Years | -43 Kg**

Dinis Leonardo (ADCU)

Gustavo Silva (ANKDA)

Rafael Rodrigues (NKO)

**Rumble Kids | Masculine | 8-10 Years | -48 Kg**

Artur Martins (SPORTING)

**Semi - Kempo | Feminine | 11-13 Years | -28 Kg**

Carolina Gomes ()

Carlota Gabriel (AKNG)

Adriana Pires (ADCKTF)

**Semi - Kempo | Feminine | 11-13 Years | -33 Kg**

Sofia Serra (CBG)

Bruna Simões (CKAS)

**Semi - Kempo | Feminine | 11-13 Years | -38 Kg**

Luana Branco (PWF)

Beatriz Gomes (PREDADOR)

Eva Cruz (GDM)

**Semi - Kempo | Feminine | 11-13 Years | -43 Kg**

Lara Ferreira (PWF)

Laura Lopes (CKAS)

Maria Fernandes (FAC)

**Semi - Kempo | Feminine | 11-13 Years | -48 Kg**

Ana Maia (AKNG)

Victória Ribeiro (ADCKTF)

Leonor Andrade (ADRNALIN)

**Semi - Kempo | Feminine | 11-13 Years | -53 Kg**

Carolina Alves (MIKETEAM)

Cintia Pata (AMAVEIRO)

Yara Sousa (PREDADOR)

**Semi - Kempo | Feminine | 11-13 Years | -58 Kg**

Camila Oliveira (ADRNALIN)

Camila Luis (PWF)

Benedita Torres (ADCKTF)

**Semi - Kempo | Feminine | 11-13 Years | +58 Kg**

Laura Lobo (PWF)

Maria Barbosa (AKEMI)

**Semi - Kempo | Feminine | 6-7 Years | -18 Kg**

Maria Gomes (AKEMI)

**Semi - Kempo | Feminine | 6-7 Years | -23 Kg**

Benedita Vaz (ADKT)

Maria Barbosa (ADKT)

Amélia Fernandes (AKKL)

**Semi - Kempo | Feminine | 8-10 Years | -18 Kg**

Valentina Pinto (AKEMI)

**Semi - Kempo | Feminine | 8-10 Years | -23 Kg**

Inês Rebelo (NKO)

Maria Abreu (AKEMI)

**Semi - Kempo | Feminine | 8-10 Years | -28 Kg**

Lara Peleira (NINPO)

Maria Ferraz (AKEMI)

Leonor Carvalho (AEMA)

**Semi - Kempo | Feminine | 8-10 Years | -33 Kg**

Matilde Ferreira (NKO)

Alissa Tasits (AKNG)

Benedita Gonçalves (AKCM)

**Semi - Kempo | Feminine | 8-10 Years | -38 Kg**

Etiandra Antonio (NINPO)

Margarida Ferreira (AKCR)

Maria Carvalho (ADCKTF)

**Semi - Kempo | Feminine | 8-10 Years | -43 Kg**

Joana Cardoso (AKNG)

Beatriz Martins (AKNG)

Joana Cardoso (ADCKTF)

**Semi - Kempo | Feminine | 8-10 Years | -48 Kg**

Mara Domingues (PWF)

**Semi - Kempo | Masculine | 11-13 Years | -28 Kg**

Rafael Silva (WFTGDBD)

João Teixeira (PREDATOR)

André Ribeiro (ADRNALIN)

**Semi - Kempo | Masculine | 11-13 Years | -33 Kg**

Santiago Pereira (AKNG)

Rodrigo Farinha ()

Manel Albuquerque (SPORTING)

**Semi - Kempo | Masculine | 11-13 Years | -38 Kg**

Duarte Baião ()

Tiago Carvalho (AKNG)

Yaroslav Muryinka (NINPO)

**Semi - Kempo | Masculine | 11-13 Years | -43 Kg**

Eduardo Barroqueiro (KOA)

Rodrigo Carvalho (MTLF)

Gabriel Santos (AKCR)

**Semi - Kempo | Masculine | 11-13 Years | -48 Kg**

Martim Vieira (PWF)

Pedro Coutinho (PWF)

Rodrigo Ribeiro (PREDATOR)

**Semi - Kempo | Masculine | 11-13 Years | -53 Kg**

Pedro Sousa (CKAFP)

Francisco Silva (ADKT)

Mário Marcelino (PWF)

**Semi - Kempo | Masculine | 11-13 Years | -58 Kg**

Francisco Ginja (PREDATOR)

Pedro Salvado (KOA)

**Semi - Kempo | Masculine | 11-13 Years | +58 Kg**

Alexandre Pereira (MTLF)

Rafael Gomes (AKCS)

Miguel Santos (AMAVEIRO)

**Semi - Kempo | Masculine | 6-7 Years | -23 Kg**

Benjamim Gil (PWF)

Enzo Paulo (AKCR)

Gabriel Pereira (FAC)

**Semi - Kempo | Masculine | 6-7 Years | -28 Kg**

Tomás Rodrigues (AKNG)

Vicente Antunes (ADRNALIN)

Santiago Ferreira (UDRAGON)

**Semi - Kempo | Masculine | 6-7 Years | -33 Kg**

Francisco Fernandes (AKCR)

**Semi - Kempo | Masculine | 8-10 Years | -23 Kg**

Santiago Mendes (RD)

Henrique Fonseca (PWF)

Davide Teixeira (NINPO)

**Semi - Kempo | Masculine | 8-10 Years | -28 Kg**

Afonso Ochoa (PREDATOR)

Gustavo Araújo (AKCM)

Gonçalo Serra (CBG)

**Semi - Kempo | Masculine | 8-10 Years | -33 Kg**

Simão Alegria (ADRNALIN)

Dinis Nogueira (ADKT)

José Teixeira (PREDATOR)

**Semi - Kempo | Masculine | 8-10 Years | -38 Kg**

Martim Cardoso ()

Pedro Canoso (AKNG)

Diogo Gonçalves (AKCM)

**Semi - Kempo | Masculine | 8-10 Years | -43 Kg**

Tage Levin (ADRNALIN)

José Eugénio (ADRNALIN)

Rafael Rodrigues (NKO)

**Semi - Kempo | Masculine | 8-10 Years | -48 Kg**

Artur Martins (SPORTING)

**Submission Kempo | Feminine | 11-13 Years | -38 Kg**

Beatriz Gomes (PREDADOR)

Ariana Maia (AKNG)

Luana Branco (PWF)

**Submission Kempo | Feminine | 11-13 Years | -43 Kg**

Margarida Fernandes (MURT)

**Submission Kempo | Feminine | 11-13 Years | -48  
Kg**

Mafalda Almeida (MIKETEAM)

Ana Maia (AKNG)

Beatriz Moura (GMP)

**Submission Kempo | Feminine | 11-13 Years | -53  
Kg**

Eva Bernardo (KOA)

**Submission Kempo | Feminine | 11-13 Years | -58  
Kg**

Camila Luis (PWF)

**Submission Kempo | Feminine | 11-13 Years | +58  
Kg**

Maria Barbosa (AKEMI)

**Submission Kempo | Feminine | 6-7 Years | -18 Kg**

Maria Gomes (AKEMI)

**Submission Kempo | Feminine | 8-10 Years | -18 Kg**

Valentina Pinto (AKEMI)

**Submission Kempo | Feminine | 8-10 Years | -28 Kg**

Matilde Carvalho (ADCKTF)

Maria Peixoto (ADCKTF)

Lara Peleira (NINPO)

**Submission Kempo | Feminine | 8-10 Years | -38 Kg**

Maria Carvalho (ADCKTF)

Etiandra Antonio (NINPO)

**Submission Kempo | Feminine | 8-10 Years | -43  
Kg**

Leah Pereira (....)

**Submission Kempo | Masculine | 11-13 Years | -28  
Kg**

João Teixeira (PREDATOR)

**Submission Kempo | Masculine | 11-13 Years | -33  
Kg**

Santiago Pereira (AKNG)

Manel Albuquerque (SPORTING)

Guilherme Costa (UDRAGON)

**Submission Kempo | Masculine | 11-13 Years | -38  
Kg**

Yaroslav Murynka (NINPO)

Luís Mendes (ADKT)

Tiago Carvalho (AKNG)

**Submission Kempo | Masculine | 11-13 Years | -43 Kg**

Gabriel Santos (AKCR)

Tomás Fonseca (AKNG)

**Submission Kempo | Masculine | 11-13 Years | -48 Kg**

Diogo Amaral (MIKETEAM)

Samuel Queiros (ADCKTF)

Flavio Reis (GMP)

**Submission Kempo | Masculine | 11-13 Years | -58 Kg**

Francisco Vale (MIKETEAM)

Pedro Salvado (KOA)

Artur Xavier (KOA)

**Submission Kempo | Masculine | 6-7 Years | -23 Kg**

Martim Barbosa (AKEMI)

**Submission Kempo | Masculine | 6-7 Years | -28  
Kg**

Tomás Rodrigues (AKNG)

**Submission Kempo | Masculine | 8-10 Years | -23  
Kg**

Davide Teixeira (NINPO)

**Submission Kempo | Masculine | 8-10 Years | -28  
Kg**

Gustavo Barbosa (ADKT)

Afonso Ochoa (PREDATOR)

Alexandre Ferrão (PWF)

**Submission Kempo | Masculine | 8-10 Years | -33  
Kg**

Mateus Salgado (FAC)

Martim Araújo (FAC)

Dinis Santo (AKNG)

**Submission Kempo | Masculine | 8-10 Years | -38 Kg**

TELMO TEIXEIRA (PREDATOR)

Pedro Canoso (AKNG)

Felix Carlos (NINPO)

**Submission Kempo NO GI | Feminine | 11-13 Years | -38 Kg**

Beatriz Gomes (PREDADOR)

**Submission Kempo NO GI | Feminine | 11-13 Years | -53 Kg**

Eva Bernardo (KOA)

**Submission Kempo NO GI | Feminine | 8-10 Years | -28 Kg**

Maria Peixoto (ADCKTF)

Lara Peleira (NINPO)

**Submission Kempo NO GI | Feminine | 8-10 Years  
| -38 Kg**

Etiandra Antonio (NINPO)

**Submission Kempo NO GI | Masculine | 11-13  
Years | -33 Kg**

Gonçalo Pereira (KOA)

**Submission Kempo NO GI | Masculine | 11-13  
Years | -38 Kg**

Yaroslav Murynka (NINPO)

André Neto (PREDADOR)

**Submission Kempo NO GI | Masculine | 11-13  
Years | -48 Kg**

Afonso Caetano (NINPO)

Xavier Cunha (PREDADOR)

**Submission Kempo NO GI | Masculine | 11-13  
Years | -53 Kg**

Artur Xavier (KOA)

**Submission Kempo NO GI | Masculine | 11-13  
Years | -58 Kg**

Artur Xavier (KOA)

Pedro Salvado (KOA)

**Submission Kempo NO GI | Masculine | 8-10  
Years | -23 Kg**

Davide Teixeira (NINPO)

**Submission Kempo NO GI | Masculine | 8-10  
Years | -28 Kg**

Miguel Araújo (AKEMI)

Tomás Soares (AKEMI)

**Submission Kempo NO GI | Masculine | 8-10  
Years | -33 Kg**

**Andriy Murynka (NINPO)**

**Submission Kempo NO GI | Masculine | 8-10  
Years | -38 Kg**

**Felix Carlos (NINPO)**